BJJ Teens 7yrs+ BJJ BEGINNERS 13Y & Adults

BJJ Advanced BJJ No Gi BJJ Judo



SATURDAY **THURSDAY MONDAY TUESDAY WEDNESDAY FRIDAY BJJ Teens 7yrs+** 10:00am 10:50am BJJ No Gi 11:00 am 12:30 pm BJJ Teen 7yrs+ BJJ Teen 7yrs+ **Beginners 13+** BJJ Teen 7yrs+ 5:00pm 5:00pm & Adults 5:00pm 5:50pm 5:50pm 5:00pm 5:50 pm 5:50pm **BJJ JUDO** BJJ No Gi Beginners 13+ **Beginners 13+ BJJ** Advanced 6:00 pm 6:00 pm & Adults & Adults 6:00pm - 7:30pm 7:30 pm 7:30 pm 6:00pm 7:30 pm 6:00pm 7:30 pm Beginners 13+ **Beginners 13+** BJJ Advanced **BJJ Advanced** & Adults & Adults 7:30pm - 8:30pm 7:30pm - 8:30pm 7:30pm 8:30 pm 7:30pm 8:30 pm



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